

OPTIMA HEALTH Preferred and Standard Drugs Oct-Dec 2009

Dear Doctor: Please refer to this list when prescribing for your patient. Your patient will have lower drug costs if you prescribe generic drugs and allow brand substitution for dual-branded products.

PA= prior authorization required

Qty= quantity limit SE= step edit required

Small Case Letters=preferred Uppercase First Letter=standard

P=Brand obtained at preferred copay

ANESTHETICS

lidocaine

ANTIBIOTICS

amox/clavulanate
amoxicillin
ampicillin
azithromycin
cefdinir
cephalexin
cephradine
clarithromycin, ER
clindamycin
dicloxacillin
EryPed
erythro ethylsuccinate
erythro/sulfa
Gantrisin
minocycline
penicillin VK
smz/tmp
Suprax
tetracycline
Zyvox

Suspensions/Liquids Only

Ceftin
cefprozil
Furadantin
Vibramycin susp, syr

Capsules/Tablets Only

Avelox
cefuroxime
ciprofloxacin
doxycycline
Ery-Tab
erythromycin base
erythromycin stearate
nitrofurantoin
PCE
trimethoprim

SPECIALIZED INDICATIONS

Alinia
chloroquine
dapson
Daraprim
ethambutol
Fansidar
Furoxone

hydroxychloroquine
isoniazid
mebendazole
mefloquine
Meproin
metronidazole
Mycobutin
Neomycin
paromomycin
pentamidine
primaquine
pyrazinamide
rifampin
Vancocin
Yodoxin

ANTIFUNGALS-ORAL

clotrimazole troche
fluconazole
griseofulvin susp
Grifulvin V tab
GrisPeg
ketoconazole
nystatin
terbinafine

ANTIVIRALS-ORAL

acyclovir
Agenerase
Aptivus
Atripla
amantadine
Combivir
Crixivan
didanosine EC
Emtriva
Epivir
Epzicom
Hepsera
Hivid
Intelence
Invirase
Isentress
Kaletra
Norvir
Prezista
Rescriptor
Reyataz
ribavirin
Sustiva
Trizivir
Truvada

Valtrex
Videx
Viracept
Viramune
Viread
Zerit
Ziagen
zidovudine

TOPICAL ANTIBACTERIALS

Aldara
Bactroban cream
gentamicin
mupirocin oint
silver sulfadiazine

TOPICAL ANTIVIRALS

Zovirax

ANTIFUNGALS-OTHER

ciclopirox
clotrimazole/betameth dip
econazole
Exelderm
fluconazole 150 mg (qty=1)
Gynazole-1
ketoconazole
Loprox
Naftin
nystatin
Oxistat
terconazole

ONCOLOGY DRUGS

Alkylating Agents

Alkeran
CeeNu
cyclophosphamide
hydroxyurea
Leukeran
Myleran
Temodar

Antimetabolites

methotrexate
Purinethol

Androgen

Androxy

Progestins

leuprolide

megestrol

Antiandrogens

Casodex
flutamide

Antiestrogen

tamoxifen

Miscellaneous Antineoplastics

Arimidex
Emcyt
Gleevec
leucovorin
octreotide
Tarceva

IMMUNO-SUPPRESSANTS

azathioprine
CellCept
cyclosporine
Myfortic
Prograf

CARDIAC

ANTIARRHYTHMICS

Class Ia

disopyramide, SA
Norpace CR
procainamide, SR
Procambid
quinidine gluconate
quinidine sulfate

Class Ib

Dilantin
mexiletine
phenytoin

Class Ic

flecainide
propafenone
Rythmol SR

Class III

amiodarone
sotalol, AF

ANTIHYPERTENSIVES

Vasodilators

doxazosin
hydralazine
minoxidil
prazosin
terazosin

Centrally-Acting

Catapres-TTS
clonidine
guanfacine
methyldopa

ACE Inhibitors

benazepril
captopril
enalapril
fosinopril
lisinopril
moexipril
quinapril
ramipril
trandolapril
Aceon (SE)

Angiotensin II Receptor Antagonists

Cozaar (SE)
Hyzaar (SE)

Drugs for Pheochromocytoma

Dibenzyline

Combination Antihypertensives

atenolol/chlorthal
benazepril/amlo地平ine
benazepril/HCTZ
bisoprolol/HCTZ
captopril/HCTZ
Clorpres
enalapril/HCTZ
fosinopril/HCTZ
hydal/HCTZ
Hyzaar (SE)
lisinopril/HCTZ
methyldopa/HCTZ
moexipril/HCTZ
propranolol/HCTZ
quinaretic

CHOLESTEROL LOWERING DRUGS

cholestyramine, light
Crestor (PA)

gemfibrozil
lovastatin
Niaspan
pravastatin
simvastatin
Tricor
Welchol

BETA BLOCKERS

Cardioselective

acebutolol
atenolol
bisoprolol
metoprolol
metoprolol XL

Non-Cardioselective

nadolol
pindolol
propranolol, SR
timolol

Alpha/Beta Antagonists

carvedilol
labetalol

CALCIUM CHANNEL BLOCKERS

Cardene SR
diltiazem, CD, SR, XR
DynaCirc CR
felodipine
isradipine
nicardipine
nifedipine, CC, XL
Nimotop
amlodipine
verapamil, SR
Verelan PM

DIURETICS

Potassium-Sparing Diuretics

Aldactazide 50/50
amiloride/HCTZ
spiron/HCTZ
spironolactone
triamterene/HCTZ

Thiazide Diuretics

chlorothiazide
chlorthalidone
hydrochlorothiazide
indapamide
methyclothiazide
metolazone

Loop Diuretics

bumetanide
furosemide

CARDIAC GLYCOSIDES

digoxin

OTHER CARDIAC

cilostazol
midodrine
pentoxifylline

VASODILATING DRUGS

Nitrate

isosorbide dinitrate
isosorbide mononitrate
ntg ointment
ntg patches
ntg SL

Other

Letairis
Revatio (PA)
Tracleer
Ventavis

ANTIPLATELET DRUGS

Aggrenox
dipyridamole
Plavix
sulfapyrazone
ticlopidine

ANTICOAGULANTS

Fragmin
Lovenox
warfarin

HEMOSTATICS

aminocaproic acid

CNS DRUGS

Anxiolytics

alprazolam
buspirone
chlordiazepoxide
clorazepate
diazepam
lorazepam
meprobamate
oxazepam

Sedative/Hypnotics

chloral hydrate
hydroxyzine HCL
hydroxyzine pam
temazepam (qty limits)
triazolam (qty limits)
zolpidem (qty limits)

Anticonvulsants

carbamazepine
Carbatrol
Celontin
clonazepam
Depakote
Diastat
Dilantin
ethosuximide
Felbatol
gabapentin
Gabitril
Lamictal tablets
Lamotrigine
levetiracetam
mephobarbital
oxcarbazepine
Peganone

phenobarbital
phenytoin
primidone
Tegretol XR
topiramate
valproic acid

Antidepressants

amitriptyline
amitriptyline/perphenazine
amoxapine
bupropion, SR, XL
citalopram
clomipramine
desipramine
doxepin
Effexor XR (SE)
fluoxetine
fluvoxamine
imipramine
maprotiline
mirtazapine
Nardil
nefazadone
nortriptyline
paroxetine
sertraline
Surmontil
tranylcypromine
trazodone
venlafaxine
Vivactil

Antipsychotics

Abilify (SE)
chlorpromazine
clozapine
fluphenazine
Geodon (SE)
haloperidol
loxapine
Moban
Perphenazine
Risperdal **brand** (SE)
risperidone
Seroquel, XR (SE)
thioridazine
thiothixene
trifluoperazine
Zyprexa

Drugs for Parkinsonism

Akineton
amantadine
Apokyn
benztropine
bromocriptine
carbidopa/levodopa, SA
Comtan
Mirapex
pergolide
ReQuip
selegiline
Stalevo
trihexphenidyl

Drugs for Mania

lithium

Drugs for Vertigo/Emesis

Antivert 50 mg
granisetron (qty=15 tabs/Rx)
ondansetron
prochlorperazine
promethazine
Transderm-Scop
trimethobenazmid

CNS Stimulants

Use for appetite suppressants not covered
amphetamine/dextroamphetamine
Concerta (**Tier 3**) Req SE for Family Care
dextroamphetamine
methamphetamine (PA)
methylphenidate, SR
pemoline

Miscellaneous CNS Drugs

Weight loss medications are not covered.
Antabuse
Campral
Mestinon
naltrexone
Orap
pyridostigmine
Prostigmin

Alzheimer's Drugs

Aricept
Exelon
Namenda
Razadyne, ER

Headache Drugs

apap/butalbital
apap/butalbital/caffeine
apap/butalbital/caffeine/codeine
asa/butalbital/caffeine
asa/butalbital/caffeine/codeine
butorphanol (PA, qty=2 bottles/mo)
Depakote ER
Ergomar
ergotamine/caffeine
isometh/dichlphen/apap
Migranal (qty=1 box/mo)
Relpax (qty=9/mo)
sumatriptan inj (qty=4 syr/mo)
sumatriptan nasal (qty=6 bottles/mo)
sumatriptan tabs (qty=9/mo)

NARCOTICS

Class II

codeine
fentanyl patch
hydromorphone
meperidine
methadone
morphine sulfate, SA
oxycodone

oxycodone/apap
oxycodone/asa
Percocet 2.5-325

Class III

apap/codeine #2, 3, 4
asa/codeine #2,3,4
hydrocodone/apap, ES

Class IV

propoxyphene HCl
propoxyphene/apap

Miscellaneous Pain Medications

Suboxone
Subutex
Tramadol

DERMATOLOGY

Acne Drugs

clindamycin topical
Differin (PA>age 29)
erythro/benzoyl pero
erythromycin topical
isotretinoin
metronidazole
Retin-A Micro (PA >age 29)
sulfacetamide/sulfur
Sulfoxyl
tretinoin (PA > age 29)

Drugs for Psoriasis and Eczema

Capitol shampoo
Dovonex
methotrexate

Keratolytics

podofilox

Miscellaneous

aluminum chloride
ammonium lactate
fluorouracil
mupirocin
Oxsoralen, -Ultra
Vasolex

Scabicides

Eurax
permethrin 5%

Corticosteroids

aclometasone
amcinonide
betamethasone dip
bethmethasone val
clobetasol
Cloderm
Cordran, SP
DermAtop oint
desonide
desoximetasone
diflorasone
fluocinolone
fluocinonide, E

fluticasone
halobetasol
Halog
hydrocortisone 2.5%
hydrocortisone butyrate
hydrocortisone val
mometasone
prednicarbate
triamcinolone

Other Corticosteroid Products

Capex Shampoo
Derma-Smoother/FS
triamcin/nystatin

Topical Immunosuppressives

Elidel

ENT DRUGS

Drugs for the Ear

acetic acid, HC
acetic acid/aluminum acetate
benzocaine/antipyrine
Cerumenex
Cipro HC
CiproDex
neo/polymyxin/hc
Pediotic

Nasal Corticosteroids

fluticasone
Nasonex

Throat/Mouth Medications

chlorhexidine
lidocaine viscous
pilocarpine
triamcinolone paste

ENDOCRINE DRUGS

Corticosteroids

dexamethasone
hydrocortisone
methylprednisolone
prednisolone
prednisone

Mineralocorticoids

fludrocortisone

Androgens

AndroGel
Android
Androxy
danocrine

Hypoglycemics

Actos
Actosplus Met
Avandamet
Avandaryl
Avandia
Duetact
glimepiride
glipizide, ER

glyburide, micro
glyburide-metformin
Glyset
Janumet
Januvia
Humalog vial
Humulin insulins, vial
Lantus vial
Metformin, ER
Starlix

Miscellaneous

alendronate
cabergoline
calcitonin nasal spray
Cytadren
desmopressin
etidronate
Evista
Fosamax Plus D
glucagon
Miacalcin injectable
Sensipar
Stimate

Thyroid Medications

levothyroxine
methimazole
propylthiouracil

GI DRUGS

Diarrhea Medications

diphenoxylate/atropine

GI Motility Drugs

belladonna/Pb
bethanecol
clidinium/chlordiazepoxide
dicyclomine
hyoscyamine, ext. rel
metoclopramide
propantheline

Ulcer/GERD Medications

Carafate susp
cimetidine
misoprostol
nizatadine
Omeprazole 20mg
Omeprazole OTC
Prilosec OTC
sucralfate

Miscellaneous GI Drugs

amylase/lipase/protease
Asacol
Colazal
Cortifoam
Creon
Dipentum
hydrocortisone
lactulose
mesalamine
Na/K/NaHCO3/PEG

Pentasa
Sucraid
sulfasalazine
Ultrase, MT
ursodiol
Viokase

BIOTECH DRUGS

Actimmune
Alferon N
Copaxone
Epogen, Procrit (PA)
Intron A
Neumega (PA)
Neupogen (PA)
PegIntron
Rebif
RoferonA
Tev-Tropin (PA)

MUSCULO-SKELETAL MEDICATIONS

Gout Drugs

allopurinol
colchicine
probenecid
sulfapyrazone

Salicylates

choline mag trisalicylate
salsalate

NSAIDs

diclofenac potassium
diclofenac sodium
etodolac
ibuprofen
indomethacin, SR
ketoprofen, SR
ketorolac tabs (qty=20)
meclofenamate
nabumetone
naproxen
naproxen sodium
oxaprozin
piroxicam
sulindac
tolmetin

Arthritis Drugs

Cuprimine
Depen
hydroxychloroquine
leflunomide
Ridaura

Skeletal Muscle Relaxants

baclofen
carisoprodol
chlorzoxazone
cyclobenzaprine
dantrolene
diazepam
methocarbamol
methocarbamol/aspirin

orphenadrine
Skelaxin
tizanidine

VITAMINS AND MINERALS

Vitamins Affecting Coagulation

Mephyton

Potassium Supplements

KCl liquid, pkts, tabs, ER
potassium bicarb/cit ac
potassium gluc liq

Potassium-Removing Resins

sodium polystyrene sulfonate

Phosphorous Reducer

PhosLo
Renagel
Renvela

Miscellaneous

Multivitamins are not included since OTC products are available.
calcitriol
cyanocobalamin/FA/pyridoxine
DHT
fluoride vitamins A,D,C
fluoride/polyvitamins
folbic (folic acid;B12;B6)
folic acid
folic acid/vit b comp w-c
Niferex-150 Forte
sodium fluoride drops, tablets
SSKI

OB/GYN MEDICATIONS

Infertility medications are not covered.

Estrogens

estradiol
estropipate
Premarin

Estrogen/Androgen Combinations

methyltest/ester estrogens

Estrogen/Progestin Combinations

CombiPatch
Ortho-Prefest
Premphase
Prempro

Contraceptives

apri
aviane
balziva
cryselle
enpresse
EstroStep FE
Jolessa
junel, FE
lessina
levora

low-ogestrel
lutea
microgestin, FE
mononessa
necon
nortrel
Nuvaring
ocella
ogestrel
Ortho Evra
Ortho Tri-Cyclen Lo
Ovcon-50
Plan B (<18 yo)
portia
previfem
Quasense
solia
sprintec
trinessa
tri-previfem
tri-sprintec
trivora
Yasmin

Oxytocics

Methergine

Prenatal Vitamins

prenatal 1/1
prenatal w/FA & iron
prenatal w/Zinc
Duet DHA

Progestins

medroxyprogesterone
norethindrone
Ovrette
progesterone inj

OB/GYN Topical Anti-infective Drugs

clindamycin vaginal
metronidazole vaginal
triple sulfa

Miscellaneous

Profasi
Synarel (PA)
terbutaline

OPHTHALMIC MEDICATIONS

ANTI GLAUCOMA DRUGS

Oral

acetazolamide
Diamox Sequels
methazolamide

Cardioselective Beta-Blockers

Betoptic S

Non-Selective Beta-Blockers

levobunolol
timolol

Miscellaneous Topical

Alphagan P
 Azopt
 brimonidine
 carbachol
 Cosopt
 dipivefrin
 Epinal
 Iopidine
 Isopto Carbachol 1.5%
 Phospholine
 pilocarpine
 Pilopine HS Gel
 Travatan/Z
 TruSopt
 Xalatan

Anti-infectives/Corticosteroids
 Blephamide, S.O.P.
 dex/neo/poly
 Poly-Pred
 prednisolone/sulfacetamide
 TobraDex

Anti-infectives
 bacitracin
 bacitracin/polymixin B
 ciprofloxacin
 erythromycin
 gentamicin
 neo/baci/poly
 sulfacetamide
 tobramycin
 trimethoprim/polymixin
 Vigamox

Antivirals
 trifluridine

Miscellaneous
 Acular, LS, PF
 Alomide
 atropine
 cromolyn
 cyclopentolate
 homatropine
 phenylephrine
 tropicamide
 Voltaren

Topical Corticosteroids
 dexamethasone
 Flarex
 fluorometholone
 FML Forte
 Pred Mild
 prednisolone

RESPIRATORY MEDICATIONS

Antihistamines
 clemastine syrup
 cyproheptadine
 dexchlorpheniramine
 Fexofenadine
 hydroxyzine HCL
 hydroxyzine pamoate

promethazine

**Antihistamine/
 Decongestant Combinations**
 carbinoxamine/pseudoephedrine
 phen/chlor/scop
 pheny/chlor/tan
 promethazine VC
 pseudo/chlor

**Antitussives, Expectorants
 Narcotic-Containing**
 guaifenesin AC
 guaifenesin DAC
 phenylhistine
 phenylhistine DH
 promethazine VC w/cod
 promethazine w/codeine
 Tussionex Suspension

NonNarcotic Containing
 carbinoxamine/pseudo/DM
 guaifenesin LA
 guaifenesin/DM
 guaifenesin/PSE
 promethazine DM

Beta-2 Agonists
 Foradil
 Maxair
 metaproterenol
 Ventolin HFA
 Serevent
 terbutaline

Methylxanthines
 aminophylline
 theophylline, SR
 Uniphyll

Corticosteroids
 Asmanex
 Flovent
 Pulmicort

Miscellaneous
 Accolate
 acetylcysteine
 Advair
 Combivent
 cromolyn neb soln
 Epipen, Adrenalin (2/copy)
 Intal
 ipratropium br
 Pulmozyme
 Singulair (for asthma)
 Spiriva
 Symbicort
 Tilade

UROLOGICALS

Anticholinergic/Antispasmodics
 Detrol
 flavoxate
 hyoscyamine, ext. rel
 oxybutinin, XL

Cholinergic Stimulants
 bethanecol

Anesthetics
 phenazopyridine

Miscellaneous
 alprostadil
 Caverject
 dimethyl sulfoxide
 doxazosin
 finasteride
 Flomax
 Muse
 Na/K cit/CA
 Renacidin
 terazosin
 Viagra (qty=4 tabs/30 days) (not covered for OFC)

ANTIDOTES

Chemet

**FORMULARY FOR OTC PRODUCTS-
 OPTIMA FAMILY CARE ONLY**
**GENERIC PRODUCTS MUST BE USED
 WHERE AVAILABLE.** A prescription is
 required for OTC products to be covered by
 the plan. Prescriptions may be written or
 phoned to the pharmacy. PLEASE NOTE
 QUANTITY LIMITS PER DISPENSING.
 Members of FAMIS do not have this OTC
 benefit.

	QTY	FORMULATION
ANALGESICS & ANTIFLAMMATORIES		
ACETAMINOPHEN	100	CAPSULES: 500
	MG	
	100	TABLETS: 325
	MG	
	100	TABLETS: 500MG
	100	TABLETS:650MG
	4 OZ	ELIXIR:
	160MG/5ML	
	4 OZ	SUSP: 160 MG/5
	ML	
	1/2 OZ	SUSP: 100MG/ML
	1/2 OZ	DROPS: 100
	MG/ML	
	2 OZ	DROPS:
	80MG/0.8ML	
	30	CHEW TABS:
	80MG	
	30	CHEW TABS:
	160MG	
	6	SUPP: 120 MG
ASPIRIN	100	TABLETS: 325
	MG	
	36	TABLETS: 81 MG
IBUPROFEN	100	TABLETS: 200
	MG	
	4 OZ	SUSP:
	100MG/5ML	
	1/2 OZ	SUSP: 50MG
	/1.25M L	

	24	CHEW TABS:	10	TABLETS: 120MG
		50MG	4 OZ	LIQUID
	24	CHEW TABS:	30MG/5ML	
		100MG	1/2 OZ	DROPS
GASTROINTESTINALS				
AL & MG HYDROXIDE	12 OZ	SUSPENSION	4 OZ	ELIXIR
AL & MG HYDROXIDE SIMETHICONE	12 OZ	SUSPENSION	10	TABLETS: 240/10
LOPERAMIDE	24	CAPLETS: 2 MG		
	4 OZ	LIQUID 1MG/5ML		
BISACODYL	12	TABLETS: 5 MG		
	4	SUPPOS: 10 MG		
DOCUSATE CALCIUM	60	TABLETS: 240		
MG				
DOCUSATE SODIUM	60	CAPSULES: 100		
	10	MG		
	10	CAPSULES: 250		
		MG		
	8 OZ	SYRUP: 60 MG/15		
	ML			
	1 OZ	LIQUID:		
	50MG/5ML			
ENEMA	2.5 OZ			
FIBER	36	TABLETS: 625		
		MG		
MILK OF MAGNESIA	4 OZ	SUSP: 400 MG/5		
ML				
MIRALAX	4 OZ	POWDER		
PSYLLIUM	210	POWDER		
SENNA	20	TABLET		
	1/2 OZ	SYRUP		
SIMETHICONE	36	CHEW TAB:80MG		
	2 OZ	SUSP:		
	40MG/0.6ML			
CIMETIDINE	64	TABLETS: 100		
MG				
RANTIDINE	20	TABLETS: 75 MG		
	24	MG		
		TABLETS: 150		
PRILOSEC	42	TABLETS: 20 MG		
COUGH / COLD / ALLERGY				
CHLORPHENIRAMINE	24	TABLETS: 4 MG		
LORATADINE	20	TABLETS: 10 MG		
	4 OZ	SYRUP: 5 MG/5		
	ML			
ZYRTEC	14	TABLETS: 10MG		
	11	CHEW TABS:		
		10MG		
	5	CHEW TABS:		
		5MG		
	4 OZ	SYRUP		
DIPHENHYDRAMINE	24	CAPSULES: 25		
MG	4 OZ	ELIXIR:		
12.5MG/5ML				
PSEUDOEPHEDRINE	24	TABLETS: 30 MG		

	10	TABLETS: 120MG
	4 OZ	LIQUID
	1/2 OZ	DROPS
BROMP/PSEUDOEPHEDRINE	4 OZ	ELIXIR
LORATADINE/PSEUDOEPHEDRINE	10	TABLETS: 240/10
	MG	
ZYRTEC - D	12	TABLETS
TRIPROL/PSEUDOEPHEDRINE		
	24	TABLETS
GUAIFENESIN	4 OZ	SYRUP
GUAIFENESIN DM	4 OZ	SYRUP
CP/PSEUDOEPHEDRINE/DM	4 OZ	LIQUID
GUAIFENESIN/PSEUDOEPHEDRINE	4 OZ	SYRUP
SALINE NASAL SPRAY	1/2 OZ	
DELSYM	3 OZ	SUSPENSION
	5 OZ	LIQUID
TOPICALS		
AQUAPHOR	396 GM	OINTMENT
EUCERIN	120 GM	CREAM
BACITRACIN	1 OZ	OINTMENT
BACITRACIN/NEOMYCIN/POLYMXIN	1 OZ	OINTMENT
CLOTRIMAZOLE	15 GM	CREAM: 1%
	30 GM	CREAM: 1%
	45 GM	CREAM: 1%
	10 ML	SOLUTION: 1%
	45 GM	VAG CREAM: 1%
	7	VAG TAB 100MG
MICONAZOLE	1 OZ	CREAM: 2%
	45 GM	VAG CREAM: 2%
	7	VAG SUP 100MG
	1	COMBO PKG
TERBENAFINE	30GM	1% CREAM
HYROCORTISONE	1 OZ	CREAM: 1%
	1 OZ	OINTMENT: 1%
	1 OZ	CREAM: 0.5%
	1 OZ	OINTMENT: 0.5%
DIAPER RASH MEDICATION		
	120GM	OINTMENT
VITAMIN A & D OINTMENT		
	120GM	OINTMENT
VITAMINS, MINERALS AND RELATED DRUGS		
CENTRUM	180	TABS
CENTRUM SILVER	150	TABS
POLY-VI-SOL	50 ML	DROPS
POLY-VI-SOL W/ IRON	50 ML	DROPS
DRISDOL	8000 U/ML	DROPS
NIACIN	100	TABS.250, 500MG
FERROUS SULFATE	16 OZ	ELIXIR
	100	TABLETS: 325
		MG

1.5 OZ	DROPS
ERGOCALCIFEROL	
2 OZ.	DROPS
60	TABLETS
MULTIVITAMINS	
50	TABLETS
1.5 OZ	LIQUID
NIFEREX-150	
100	CAPSULES
6 OZ.	ELIXIR
PRENATAL VITAMINS	
100	TABLETS
CALCIUM CARBONATE	
100	TABLETS:500 MG
OS-CAL+D	
120	TABLETS
OS-CAL+D	
75	TABLETS
OS-CAL+D	
60	CHEWS
CALTRATE	
60	TABLETS
CALTRATE PLUS	
60	TABLETS
CALTRATE 600	
60	TABLETS
CALTRATE 600+D PLUS	
60	TABLETS
MAGNESIUM	
100	TABLETS:500 MG
 <i>FAMILY PLANNING</i>	
NONOXYNOL 9	
18	SUPPOS: 100 MG
12	VAG FILM: 28%
10 GM	VAG FOAM 8%
126 GM	VAGINAL JEL
10	VAG GEL: 4%
12	SPONGE
CONDOMS	
36	
PLAN B	
2	TABLETS
3	
 <i>PEDICULOCIDES/SCABICIDES</i>	
RID	
4 OZ	LOTION
PYRETHRIN	
4 OZ	SHAMPOO
PYRETHRIN	
4 OZ	LIQUID
PERMETHRIN	
60ML	LIQUID
 <i>SMOKING CESSATION</i>	
NICOTINE	
7MG/24HR	PATCH
NICOTINE	
14MG/24HR	PATCH
NICOTINE	
21MG/24HR	PATCH
NICOTINE	
2MG	GUM
NICOTINE	
4MG	GUM
NICOTINE	
2MG	LOZENGE
NICOTINE	
4MG	LOZENGE
 <i>MISCELLANEOUS</i>	
CARBAMIDE	
½ OZ	DROPS: 6.5%
SODIUM CHLORIDE	
100	3 ML VIALS

Generic Drug Policy

Drugs which have FDA approved generic equivalents are covered at a generic reimbursement level (maximum allowable cost, or MAC). If a member or prescriber insists on the brand name product when an approved generic is available, the member must pay the cost difference between the brand name drug and the MAC amount (an ancillary charge) in addition to the copay.

Prior Authorization Requests

To promote the most appropriate utilization, selected medications require prior authorization by the plan to be eligible for coverage. Prior authorization criteria are established by the Pharmacy and Therapeutics Committee with input from plan physicians and consideration of the current medical literature. The physician must call or write the plan and provide patient clinical information. The Committee may establish preauthorization requirements for formulary medications.

Quantity Limits

To promote the most appropriate utilization, selected medications have monthly quantity limits. These limitations are established by the Pharmacy and Therapeutics Committee with input from plan physicians and considerations of current medical literature.

For a complete list of Utilization Management criteria, see the "Prior Authorization, Step-Edit, and Quantity Limits" drug lists in the 'Provider' portal at www.optimahealth.com

For information on Premium Tier and Premium Plus Tier medications, please utilize the 'Drug Search Tool' at www.optimahealth.com

For Prior Authorization Requests:

Optima Health Plan
Attention: Pharmacy/MCM
4417 Corporation Lane
Virginia Beach, VA 23462
Telephone: 757-552-7540 (option 4), 1-800-229-5522
Fax: 757-552-7516, 1-800-750-9692

For Step-Edits:

The claims system will electronically search for the required first-line drugs. Claims will reject if the required first-line agents are not present. To request a drug not meeting the step-edit requirement contact:

Optima Health Plan
Attention: Pharmacy/MCM
4417 Corporation Lane
Virginia Beach, VA 23462
Telephone: 757-552-7540 (option 4), 1-800-229-5522
Fax: 757-552-7516, 1-800-750-9692

This list is provided as a reference and is subject to change. Updates are published in the Provider Relations Newsletter.

June 2009

© Sentara Health Care Pharmacy Services, July 2008. No portion of this document may be reprinted without permission of the Sentara Health Plans, Inc. Director of Pharmacy.